

**2025 Fall Ball Rules Cheat Sheet**

Northern Lights Little League (NLLL) follows Little League International rules, which are available at [www.littleleague.org](http://www.littleleague.org) or through an app.

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| **Item** | **Int/Senior Division** | **Major Division** | **Player Pitch Division** |
| **Time Limit / Innings** | 1:45\* / 7 innings | 1:45\* / 6 innings |
| **Game Balls** | 2 a game per team | One a game per team |
| **Run Rules** | 15 after 4 innings10 after 5 innings8 after 6 innings | 15 after 3 innings10 after 4 innings8 after 5 innings |
| **Run Max Per Inning** | 7 runs per inning\*\* | 7 runs per inning\*\* | 5 runs per inning\*\* |
| **Lead offs Allowed** | Yes | No | No |
| **Stealing** | Any time | After ball reaches the batter. Runner returns if violates this rule (not out). |
| **Batting** | Must bat all players |
| **Uncaught 3rd Strike Live** | Yes | Yes | No |
| **Balks** | Yes | No | No |
| **Pitching Limits** | 2 innings (6 outs) per game max or pitch count limits per Little League rulesIf playing a doubleheader, pitcher can pitch 3 innings in ONE game (**Pitcher NOT allowed to pitch in more than 1 game in a day.** **NO MATTER WHAT. DON’T ASK BECAUSE ANSWER IS NO**). |
| **Mound Visits** | 1 per inning per pitcher (remove on 2nd visit) | 1 per inning per pitcher (remove on 2nd visit) | 2 per inning per pitcher (remove on 3rd visit) |
| **Time Between Innings** | 2 minutes MAX. Keep game moving. Strictly enforce this. |
| **Courtesy Runners** | For pitcher or catcher with 2 outs (Any at bat) |
| **Players required** | 8 players. No automatic out for 9th player. |

* **\*Hard stop at 1:45. Finish the batter but no other batters after.**
* \*\* Continue to play so long as there is time under the time limit even if one team can’t win because of the 5-run max or the 7-run max per inning rule. The goal is to get players as much time on the field as possible.
* For Player Pitch and Major -- Any runner on third base that is run back to third base by any defensive player after a pitch, is not able to leave third base again until the next pitch is delivered and has reached the batter.